

# Nutrition Facts

1 Meal servings per container

**Serving size** 1 item (278g)

**Amount per serving**

**Calories** **340**

**% Daily Value\***

**Total Fat** 11g **14%**

Saturated Fat 2.5g **13%**

*Trans* Fat 0g

**Cholesterol** 245mg **82%**

**Sodium** 400mg **17%**

**Total Carbohydrate** 45g **16%**

Dietary Fiber 5g **18%**

Total Sugars 2g

Includes g of Added Sugars

**Protein** 11g

Vitamin D 2mcg **10%**

Calcium 105mg **8%**

Iron 1mg **6%**

Potassium 565mg **10%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: COOKED FROZEN COLBY CHEESE OMELETS (Egg Patty: Whole Eggs, Water, Soybean Oil, Modified Food Starch, Salt, Whey Solids, Nonfat Dried Milk, Citric Acid, Filling: Pasteurized Process Colby Cheese {Colby Cheese [Milk, Cheese Culture, Salt, Enzymes], Water, Cream Sodium Phosphate, Sorbic Acid {Peserveave}, Color added (Paprika and Annatto)}), SKIN-ON POTATOES (Potatoes, Vegetable Oil {Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn}, Contains 2% Or Less Of: Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color), FRUITED GRANOLA MIX (Water, Apple Chips [Apples, Water], Dried Cranberries [Dried Cranberries, Sugar, Sunflower Oil], Granola [Whole Grain Rolled Oats, Sugar, Canola Oil, Rice Flour, Cornstarch, Molasses, Cinnamon, Salt, Vanilla Extract, Barley Malt Syrup, Natural Flavor], THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil], Cinnamon)

**CONTAINS: Soy, Milk, Eggs, Wheat**

Manufactured by:



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www.GAFoods.com  
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