Nutrition Facts 1 Meal servings per container Serving size 1 item (278g)	
Amount per serving Calories	340
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 245mg	82%
Sodium 400mg	17%
Total Carbohydrate 45g	16%
Dietary Fiber 5g	18%
Total Sugars 2g	
Includes g of Added Sugars	
Protein 11g	
Vitamin D 2mcg	10%
Calcium 105mg	8%
tron 1mg	6%
Potassium 565mg	10%

INGREDIENTS: COOKED FROZEN COLBY CHEESE OMELETS (Egg Patty: Whole Eggs, Water, Soybean Oil, Modified Food Starch, Salt, Whey Solids, Nonfat Dried Milk, Citric Acid, Filling: Pasteurized Process Colby Cheese (Colby Cheese [Milk, Cheese Culture, Salt, Enzymes], Water, Cream Sodium Phosphate, Sorbic Acid (Peservaive), Color added (Paprika and Annatto)]}). POTATOES (Potatoes, Vegetable Oil (Contains One More The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Contains 2% Or Less Of: Sodium Acid Pyrophosphate Added Dextrose Maintain Natural Color), FRUITED GRANOLAMIX (Water, Apple Chips [Apples, Water], Dried Cranberries [Dried Cranberries, Sugar, Sunflower Oil], Granola [Whole Grain Rolled Oats. Sugar, Canola Oil, Rice Flour, Cornstarch, Molasses, Cinnamon, Salt, Vanilla Extract, Barley Malt Syrup, Natural THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oill. Cinnamon)

CONTAINS: Soy, Milk, Eggs

Manufactured by:

advice



GA Foods, Inc. Saint Petersburg, Florida 33716 www.GAFoods.com © 1973-2022

*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition