

# Nutrition Facts

1 Meal servings per container

**Serving size** 1 item (343g)

**Amount per serving**

**Calories** **330**

**% Daily Value\***

**Total Fat** 4g **5%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

**Cholesterol** 80mg **27%**

**Sodium** 150mg **7%**

**Total Carbohydrate** 45g **16%**

Dietary Fiber 5g **18%**

Total Sugars 4g

Includes g of Added Sugars

**Protein** 29g

Vitamin D 0mcg **0%**

Calcium 132mg **10%**

Iron 5mg **30%**

Potassium 805mg **15%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

**INGREDIENTS:** CHICKEN WITH GARDEN VEGETABLES AND RICE (DICED CHICKEN WHITE AND DARK MEAT [Cooked Natural Proportion Chicken Meat, 1/2 inch Diced, 50% White Meat, 50% Dark Meat]), Rice Pilaf [Water, White Rice {100% Parboiled Rice}, Low Sodium Chicken Base {Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric {Color}, Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids}, Parsley, Dehydrated Onions], Asparagus, Onions, Cucumbers, Garlic, Granulated Garlic, Parsley, THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil], Lime Extract [Filtered Water, Key Lime Juice Concentrate, Lime Oil, Less Than 1/10 Of 1% Of Following Sodium Benzoate And Sodium Metabisulfite To Protect Quality], Cilantro, Black Pepper), **SUMMER BLEND VEGETABLES** (Carrots, Green Beans, Zucchini)

**CONTAINS:** Soy, Sulfites

Manufactured by:



GA Foods, Inc.  
Saint Petersburg, Florida 33716

www.GAFoods.com

©

FRZ000715