1 servings per container Serving size 1 item (566g)	
Amount per serving Calories	644
	% Daily Value
Total Fat 16g	21%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 56mg	18%
Sodium 516mg	23%
Total Carbohydrate 99g	36%
Dietary Fiber 9g	32%
Total Sugars 38g	
Includes g of Added Sugars	
Protein 29g	58%
Vitamin D 0mcg	0%
Calcium 152mg	10%
Iron 3mg	15%
Potassium 1007mg	20%

The % Daily Value (DV) terils you now much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Manufactured by:



GA Foods, Inc. Saint Petersburg, Florida 33716 www.GAFoods.com © 1973-2022 INGREDIENTS: SWEET AND SOUR CHICKEN (Pineapple Tidbits [Pineapple, Pineapple Juice], Stir Fry Blend [Carrots, Broccoli, Sugar Snap Peas, Onions, Peppers], Water, Sugar, Carrots, Celery Flakes, Vinegar, Soy Sauce [Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate {Less Than 1/10 Of 1%}, Mixing Agent], Ketchup [Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors], Low Sodium Chicken Base [Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat, Hydrolyzed Soy Protein, Potassium Chloride, Onion Powder, Autolvzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanvlate, Garlic Powder, Turmeric (Color), Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids], THIXX (Modified Corn Starch, Sunflower Oil, Soy Lecithin), Granulated Garlic, Ground Ginger, Maraschino Cherries [Cherries, Water, Corn Syrup, High Fructose Corn Syrup, Sugar, Citric Acid, Natural And Artificial Flavors, Sodium Benzoate, Potassium Sorbate, FD&C Red #40, Sulfur Dioxide {Preservative}], DICED CHICKEN WHITE AND DARK MEAT [Cooked Natural Proportion Chicken Meat, 1/2 inch Diced, 50% White Meat, 50% Dark Meat]), COOKED WHITE RICE (White Rice [100% Parboiled Rice], Water), GREEN PEAS

CONTAINS: Soy, Wheat

