Nutrition Facts

1 servings per container Serving size

1 item (385q)

Amount per serving Calories

498

valuries	-100
9	Daily Value
Total Fat 21g	27%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 31mg	10%
Sodium 580mg	25%
Total Carbohydrate 59g	21%
Dietary Fiber 8g	29%
Total Sugars 2.5g	
Includes g of Added Sugars	
Protein 19g	38%

Vitamin D mcg	
Calcium 119mg	10%
Iron 1mg	6%
Potassium 859mg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Manufactured by:



GA Foods, Inc. Saint Petersburg, Florida 33716 www.GAFoods.com © 1973-2022 INGREDIENTS: SAUSAGE COUNTRY STYLE PEPPER GRAVY (Country Pepper Gravy [Country Pepper Gravy {Water, Low Sodium Ala King Sauce [Buttermilk Solids, Creamer Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Sodium Silico Aluminate). Sunflower Oil, Onion Powder, Salt (Salt), Disodium Inosinate and Disodium Guanvlate, Natural Flavor, Modified Corn Starch, Artificial Flavor), THIXX [Modified Corn Starch, Maltodextrin, Sunflower Oil], Sour Cream Seasoning Mix [Buttermilk Blend (Nonfat Milk, Lactic Acid, Cream, Citric Acid). Maltodextrin, Sour Cream Blend (Sour Cream (Cream, Nonfat Milk, Cultures) Cultured Nonfat Milk, Citric Acid, Tocopherols And Ascorbyl Palmitate)}, Nonfat Dry Milk, Salt, Lactic Acid, Disodium Inosinate, Guanvlatel, Low Sodium Chicken Base (Roasted Chicken, Sugar, Tapioca Dextrin, Chicken Fat. Hydrolyzed Sov Protein, Potassium Chloride, Onion Powder, Autolyzed Yeast Extract, Maltodextrin, Salt, Natural Flavors, Disodium Inosinate, Disodium Guanylate, Garlic Powder, Turmeric [Color], Gelatin, Lactic Acid, Calcium Lactate, Corn Syrup Solids), Poultry Seasoning [Sage, Coriander, Marioram, Allspice, Black Pepper, Celery Seed], Ground Coriander, Instant Nonfat Dry Milk [Fortified Instant Nonfat Dry Milk (Calcium Carbonate, Vitamin A Palmitate, Vitamin D)]. Pasteurized Processed American Cheese [Cultured Milk, Water. Cream, Sodium Citrate, Salt, Cellulose (Added to prevent Caking), Sodium Phosphate, Citric Acid, Sorbic Acid (preservative), Artificial Color, Enzymes), Black Pepper], Italian Mild Sweet Crumble Pork Topping (Pork, Pork Fat. Dextrose, Spices, Salt, Flavorings, Sodium Phosphates, Yeast Extract]), HOMESTYLE FRIED EGG PATTY WITH CRACKED BLACK PEPPER (Eag Whites, Eag Yolk, Sovbean Oil, Water, Less than 2% of the Following: Modified Corn Starch, Black Pepper, Salt, Natural Butter Flavor, Cellulose Gum, Xanthan Gum, Citric Acid). DICED SKIN ON POTATOES (Potatoes, Vegetable Oil {Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Contains 2% Or Less Of: Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color), MAPLE-PECAN CINNAMON APPLES (Water, Diced Apples (Apples, Water), Apple Juice (Concentrated Apple Juice, Ascorbic Acid {Vitamin C}], Pecans, Maple Flavor [Corn Syrup, Water, Salt, Potassium Sorbate, Sodium Benzoate, Benzoic Acid, Cellulose Gum, Caramel Color, Sodium Hexametaphosphate, Natural And Artificial Flavor, Phosphoric Acidl. Cinnamon)

CONTAINS: Soy, Milk, Eggs, Wheat, Tree Nuts (Pecans)

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