

Nutrition Facts

Serving size 1 item (329g)

Amount per serving

Calories 320

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 4g **20%**

Trans Fat

Cholesterol 45mg **15%**

Sodium 450mg **20%**

Total Carbohydrate 41g **15%**

Dietary Fiber 6g **21%**

Total Sugars 0g

Includes g of Added Sugars

Protein 24g **48%**

Vitamin D mcg

Calcium 414mg **30%**

Iron 5mg **30%**

Potassium 851mg **20%**

*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: CHEESE LASAGNA ROLLUP (Cheese Filling: Ricotta Cheese [Whey, Milk, Cream, Vinegar, Salt], Water, Mozzarella Cheese [Pasteurized Milk, Low Fat Milk, Cheese Cultures, Salt, Enzymes], Modified Corn Starch, Salt, Spice, Dehydrated Spinach. Pasta: Enriched Durum Semolina [Durum Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Egg Whites), SPINACH ALFREDO SAUCE (Alfredo Sauce [Reduced Sodium Alfredo Mix {Creamer Powder <Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Sodium Silico Aluminate>, Romano Cheese <[Made From Cows Milk, Salt, Cheese Cultures, Enzymes], Whey, Disodium Phosphate, Lactic Acid>, Modified Corn Starch, Buttermilk Solids, Natural Cheese Flavor, Sugar, Salt, Onion Powder, Disodium Inosinate and Disodium Guanylate, Garlic Powder, Natural Flavor, Artificial Flavor}, Water], Chopped Spinach, Diced Red Peppers), MIXED VEGETABLES (Peas, Corn, Carrots, Green Beans)

Contains: Milk, Wheat, Egg

Manufactured by:



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www.GAFoods.com
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