

Nutrition Facts

1 serving per container

Serving size 1 meal (354g)

Amount per serving

Calories 344

% Daily Value*

Total Fat 11g 14%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 49mg 16%

Sodium 440mg 19%

Total Carbohydrate 51g 19%

Dietary Fiber 6g 21%

Total Sugars 8g

Includes g Added Sugars %

Protein 8g

Vitamin D mcg %

Calcium 297mg 23%

Iron 2mg 11%

Potassium 448mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALFREDO SAUCE ((Water, Low Sodium Alfredo Sauce[Creamer Powder {Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Sodium Silico Aluminate}, Romano Cheese {<Made from Cows Milk>, Salt, Cheese Cultures, Enzymes>, Whey, Disodium Phosphate, Lactic Acid}, Modified Corn Starch, Buttermilk Solids, Natural Cheese Flavor, Sugar, Salt, Onion Powder, Disodium Inosinate and Disodium Guanylate, Garlic Powder, Natural Flavor, Artificial Flavor], Red Bell Peppers, Low Moisture Mozzarella Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Potato Starch, Corn Starch And Powdered Cellulose {To Prevent Caking}, Natamycin {A Natural Mold Inhibitor}], Parmesan Cheese [{Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes}, Powdered Cellulose Added To Prevent Caking], Parsley, Black Pepper, Oregano), CHEESE MANICOTTI (Ricotta Cheese [Whey, Milk, Vinegar, Carrageenan {stabilizer}], Durum Flour Enriched [Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Whole Eggs, Mozzarella Cheese [Pasteurized Milk, Nonfat Milk, Cultures, Salt, Enzymes], Parmesan Cheese [Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose {anti-caking agent}], Breadcrumbs [Enriched Flour {Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Sugar, Soybean Oil, Yeast], Romano Cheese [Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose {anti-caking agent}], Salt, Modified Food Starch, Xanthan Gum, Guar Gum, Locust Bean Gum, Egg Whites, Black Pepper, Parsley, Beta Carotene {color}], CARROTS, CORN

CONTAINS: Milk, Wheat, Soy, Eggs

Manufactured by:



GA Foods, Inc.
Saint Petersburg, Florida 33716
www.GAFoods.com
© 1973-2022

FRZ000877