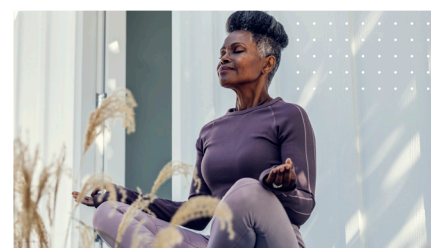


Healthy Meal Plans

Menu

2025



CLOSSMAN CATERING

a GA Foods Company





We're Here To Serve You

For us, Ohio is home. Since 1995, we've been providing healthy meals to the homes of seniors, the disabled and disadvantaged people in communities across Ohio. Most recently, we've joined GA Foods, the most trusted and experienced meal benefit solution partner and provider.

This allows us to offer even better care, service and nutritional meals.

Your Meal Benefits

Your meals will be delivered to your home. We will call you to set your delivery day. You can change your delivery day at any time.

Choose Your Meals Each Week

Your delivery care agent will assist you in choosing meals for a 28-day period (four weeks) on a monthly basis. They will help you navigate the available menu options, consider your dietary preferences, restrictions, and nutritional needs, and ensure that the chosen meals align with your preferences and any dietary requirements. During your menu selection, your Delivery Care Agent will assist you with navigating menu options from the following categories: Entrée, Snacks, Desserts, and Beverages.



How It Works



We will call you to schedule your delivery day of the week.



Our Delivery Care Agent will deliver your meals on your delivery day.



Our Delivery Care Agents can bring the meal box into your home. They can unpack the meals and put them in the freezer.



Time to eat! Take a meal out of the freezer. Follow the heating instructions on the label. For the best eating experience, after heating, carefully transfer the meal from the tray onto a plate.



Fill out your menu for next week before your next delivery. Give your completed menu to your Delivery Care Agent each week when they deliver your meals.



Neighborhood Recipes

TMS700039

- ☐ **Chicken in Italian Sauce** with green beans and diced potatoes.
- ☐ **Hamburger Patty** with diced potatoes and carrots.
- ☐ **Fish in Sweet & Sour Sauce** with gingered brown rice and edamame.
- ☐ **Manicotti Alfredo** with corn and carrots.
- ☐ **Shrimp Alfredo over Pasta** with green beans.
- ☐ **Pasta Bolognese** with Italian vegetable blend.
- ☐ **Chicken in Thai Ginger Red Curry** with green beans and carrots

☐ Available in **5-day** meal plan.

☐ Available in **2-day** meal plan.

Based on product availability, substitutions may be made.

Classic Cravings

TMS700042

- ☐ **Oatmeal** with sweet potato hash and berry compote.
- ☐ **Beef Patty in Teriyaki Sauce** with white rice and mixed vegetables.
- ☐ **Meatloaf in Stewed Tomatoes** with cheesy mashed potatoes.
- ☐ **Chicken and Stuffed Pasta Pot Pie** with mixed vegetables and strawberry applesauce.
- ☐ **Manicotti with Tomato Sauce** with corn.
- ☐ **Meatballs in Marinara** over pasta with green beans.
- ☐ **Grilled Pork Chop in Homestyle Gravy** with Brussels sprouts and parsleyed mashed potatoes.





Country Favorites

TMS700045

- ❑ **Classic Meatloaf Sandwich with Onions** with sweet potatoes, peas and carrots.
- ❑ **Pork Riblet in BBQ** with mixed vegetables and garlic mashed potatoes.
- ❑ **Mushroom Swiss Chicken** with green beans and carrots.
- ❑ **Western Omelet** with diced potatoes and strawberry applesauce.
- ❑ **Beef Stroganoff** with Brussels sprouts and carrots.
- ❑ **Batter-Dipped Fish Nuggets** with carrots and parsleyed mashed potatoes.
- ❑ **Breaded Chicken with Country Pepper Gravy** with Brussels sprouts and mixed vegetables.

❑ Available in **5-day** meal plan.

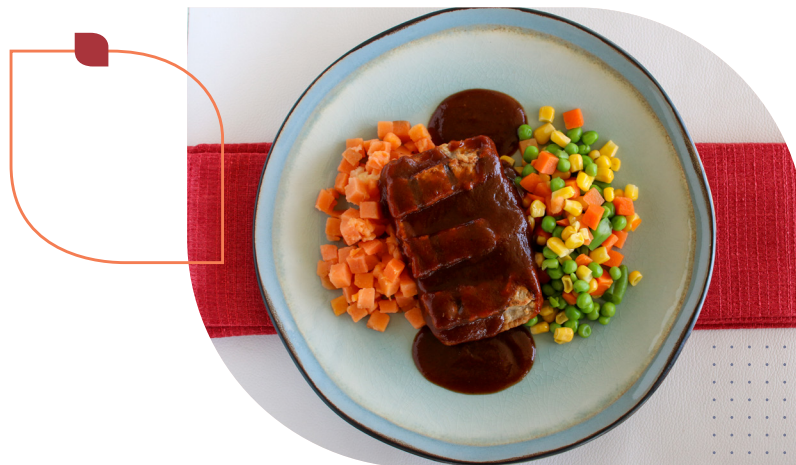
❑ Available in **2-day** meal plan.

Based on product availability, substitutions may be made.

Gourmet Getaway

TMS700048

- ❑ **Beef in Picadillo Sauce** with green beans and corn.
- ❑ **Grilled Veal Chop in Mustard Sage Sauce** with diced potatoes and carrots.
- ❑ **Rancheros Cheese Omelet** with diced breakfast potatoes and cranberry pears.
- ❑ **Mediterranean Bowl** with chickpeas and brown rice, peas, carrots, and zucchini.
- ❑ **Southwest Bean Burrito** with Papas con chile, green bean & red pepper mix.
- ❑ **Beef Stroganoff** with Brussels sprouts and carrots.
- ❑ **Honey Mustard Chicken Breast** with diced potatoes and carrots.





Family Kitchen Treasures

TMS700051

- ☐ **Beef Patty in Brown Gravy** with mixed vegetables and brown rice.
- ☐ **Chicken Tikka Masala** with broccoli and brown rice.
- ☐ **Meatballs in Marinara** with pasta and green beans.
- ☐ **Pork Sofrito** with green peas and sweet potatoes.
- ☐ **Three Cheese Mac & Cheese** with carrots and green beans.
- ☐ **Eggs in Garden Sauce** with cranberry apples and diced potatoes.
- ☐ **General Tso's Chicken** with gingered rice, peas and carrots.

- ☐ Available in **5-day** meal plan.
- ☐ Available in **2-day** meal plan.

Based on product availability, substitutions may be made.

Flavor Fusions

TMS700054

- ☐ **Chicken al Pastor** with corn and black beans.
- ☐ **Cheese Omelet with Garden Sauce** with spiced peaches and breakfast potatoes.
- ☐ **Creole-Style Fish** with brown rice and green beans.
- ☐ **Meatballs with Orange Sauce** with white rice and green beans.
- ☐ **Sweet & Sour Pork** with fried brown rice and corn.
- ☐ **Three Bean Chili con Carne** with carrots and squash medley.
- ☐ **Mushroom Swiss Chicken** with green beans and carrots.





Rise and Shine

TMS700072

- ☐ **Oatmeal** with berry compote and sweet potato hash.
- ☐ **Egg with Sausage Country Pepper Gravy** with diced breakfast potatoes, and maple-cinnamon apples.
- ☐ **Western-Style Omelet** with diced breakfast potatoes and cranberry apples.
- ☐ **Garden Scrambled Eggs** with diced breakfast potatoes with onion, and cranberry apples.
- ☐ **Fried Egg** with diced breakfast potatoes and turkey sausage links.

Rancheros Cheese Omelet with diced breakfast potatoes with onion, and cranberry pears.

Pancakes and Egg Patty with turkey sausage link, and strawberry compote.

- ☐ Available in **5-day** meal plan.

Based on product availability, substitutions may be made.

PLEASE NOTE: OUR VEGETARIAN MEALS CONTAIN EGGS AND DAIRY PRODUCTS.

Vegetarian Delight

TMS700069

- ☐ **Manicotti with Tomato Sauce** with mixed vegetables.
- ☐ **Mediterranean Bowl** with chickpeas and brown rice, peas, carrots, and zucchini.
- ☐ **Mexican Bean Burrito in Southwest Sauce** with Papas con Chile and green bean & red pepper mix.
- ☐ **Oatmeal** with berry compote and sweet potato hash.
- ☐ **Twisted Mac & Cheese** with mixed vegetables.

Mexican Bean Burrito with Queso with carrots and corn.

Stuffed Pasta in Broccoli Cheese Sauce with corn.



Asian Fusion Cafe

TMS700038

Pork Chop in Sweet & Sour Sauce with fried rice and parslid corn.

Pork Rib Patty in Korean BBQ Sauce with broccoli and pineapple Mandarin coconut fruit.

Chicken in Thai Ginger Red Curry Sauce with green beans and carrots.

Fish in Sweet and Sour Sauce with gingered brown rice and edamame.

Beef Patty in Teriyaki Sauce with white rice and mixed vegetables.

General Tso's Chicken with gingered rice and peas & carrots.

Meatballs in Orange Sauce with white rice and green beans.

Latin Kitchen Favorites

TMS700071

☐ **Mexican Bean Burrito with Southwest Sauce** with Papas con Chile, and green bean & red pepper mix.

☐ **Pork Chop Patty in Sofrito Sauce** with cilantro stewed tomatoes and sweet potatoes.

☐ **NY Strip in Picadillo Sauce** with confetti corn and green beans.

☐ **Twisted Mac & Cheese** with mixed vegetables.

☐ **Rancheros Cheese Omelet** with chicken chorizo, diced breakfast potatoes with onion, and cranberry pears.

Chicken al Pastor with corn and black beans.

Mexican Bean Burrito in Queso with corn and carrots.

☐ Available in **5-day** meal plan.



Pantry Meals offer a nutritious, shelf-stable meal in minutes with minimal preparation. Prepackaged in easy-to-open containers, these meals are convenient to have on hand as no refrigeration is required. Meals feature brands such as Nature Valley®, Kraft® and Keebler®.

Option 1

SS001067

- ☐ **Potatoes, Ham & Cheese Meal** with fruit juice, fruit cup, raisins, and sunflower seeds.
- ☐ **Chicken Stew** with fruit juice, fruit cup, peanuts, and a cookie.
- ☐ **Lasagna** with fruit juice, fruit cup, peanuts, and oatmeal.
- ☐ **Chili Mac** with fruit juice, fruit cup and energy trail mix.
- ☐ **Chicken Salad** with juice, mayonnaise, flour tortillas, fruit snacks, and graham crackers.
- ☐ **Breakfast Meal** with fruit juice, jelly, granola bars, and sunflower seeds.
- ☐ **BBQ Beef Meal** with fruit juice, fruit cup, energy trail mix, and oatmeal.

☐ Available in **5-day** meal plan.

☐ Available in **2-day** meal plan.

Based on product availability, substitutions may be made.

Option 2

SS001066

- ☐ **Lasagna** with fruit juice, fruit cup, peanuts, and oatmeal.
- ☐ **Tuna Salad** with lite mayonnaise, flour tortillas fruit snacks, and energy trail mix.
- ☐ **Chili Beef with Beans** with fruit juice, applesauce, peanuts, raisins, and a cookie.
- ☐ **Breakfast Meal** with fruit juice, Mini Wheats Cereal, jelly, granola bars, and sunflower seeds.
- ☐ **Chicken Stew** with fruit juice, fruit cup, peanuts, and a cookie.
- ☐ **Chili Mac** with fruit juice, fruit cup, and energy trail mix.
- ☐ **Chicken and Pasta** with fruit juice, fruit snacks, fruit cup, and sunflower seeds.



Pantry Meals offer a nutritious, shelf-stable breakfast meal in minutes with minimal preparation.

Breakfast

SS700004

- ☐ **Toasted Oats Cereal** with fruit juice, fruit cup, instant breakfast, peanut butter, and Nutri-Grain bar.
 - ☐ **Raisin Bran Cereal** with fruit juice, fruit cup, peanut butter, instant grits, and instant breakfast.
 - ☐ **Cranberry Vanilla Granola** with fruit juice, applesauce, peanut butter, and oatmeal x 2.
 - ☐ **All Bran Wheat Flakes Cereal** with fruit juice, mixed fruit cup, oatmeal, instant breakfast, and peanut butter.
 - ☐ **Cranberry Vanilla Granola** with fruit juice, fruit cup, peanut butter, instant breakfast, and Nutri-Grain bar.
- Mini Wheats Cereal** with applesauce, fruit juice, oatmeal, and peanut butter.
- All Bran Wheat Flakes Cereal** with fruit juice, fruit cup, peanut butter, oatmeal x 2, and granola bar.

- ☐ Available in **5-day** meal plan - S500006

All meals served with Ultra High Temperature Milk

Based on product availability, substitutions may be made.



Option 1

SS700002

Chicken Stew with fruit juice, applesauce, peanuts, and Nutri-Grain bar.

Chicken Salad with fruit cup, mayonnaise, flour tortilla x 2, raisins and a cookie.

BBQ Beef with fruit juice, fruit cup, trail mix, and Nutri-Grain bar.

Breakfast with fruit juice, peanut butter, Mini Wheats Cereal, raisins, and oatmeal.

Chili Mac with fruit juice, trail mix, and fruit cup.

Chicken & Pasta with fruit juice, peanuts, Nutri-Grain bar, and fruit cup.

Beef Stew Meal with fruit juice, Nature Valley granola bar, sunflower seeds, and a cookie.

All meals served with nonfat fortified dry milk.

Based on product availability, substitutions may be made.

Option 2

SS700003

Tuna Salad with mayonnaise, flour tortillas x 2, graham crackers, mango pineapple mix, and fruit cup.

Breakfast Meal with fruit juice, peanut butter, Mini Wheats Cereal, raisins, and oatmeal.

Chicken & Pasta with fruit juice, peanuts, Nutri-Grain bar and fruit cup.

Lasagna with mango pineapple mix, Nature Valley granola bar, applesauce and a cookie.

Chicken Salad with fruit cup, mayonnaise, flour tortilla x 2, raisins, and a cookie.

Chili Mac with fruit juice, trail mix, and fruit cup.

Pork & Beans with fruit juice, trail mix, and Nature Valley granola bar.

All meals served with nonfat fortified dry milk.



Option 1

SS500004

BBQ Beef with fruit juice, fruit cup, trail mix, and Nutri-Grain bar.

Chicken Salad with fruit cup, mayonnaise, flour tortilla x 2, raisins, and a cookie.

Breakfast with fruit juice, peanut butter, Mini Wheats Cereal, raisins, and oatmeal.

Pork & Beans Meal with fruit juice, trail mix, and Nature Valley granola bar.

Chili Mac with fruit juice, trail mix, and fruit cup.

All meals served with nonfat fortified dry milk.

Based on product availability, substitutions may be made.

Option 2

SS500005

Breakfast with fruit juice, peanut butter, Mini Wheats Cereal, raisins, and oatmeal.

Lasagna with mango pineapple mix, applesauce, Nature Valley granola bar, and a cookie.

Tuna Salad with mayonnaise, flour tortillas x 2, graham crackers x 2, mango pineapple mix, and fruit cup.

Chicken & Pasta Meal with fruit juice, mixed fruit, Nutri-Grain bar, and peanuts.

Chili Mac with fruit juice, trail mix, and fruit cup.

All meals served with nonfat fortified dry milk.



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